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GOALKEEPING PRE-ACADEMY

Invitation only







The **Goalkeeping Pre-Academy** is the 2nd phase in our progression platform. The focus is to continue developing the key GK techniques and begin to apply these within the goal. We begin to focus on specific themes and situations that Goalkeepers come across and practice how to apply the techniques in game situations.

- + To continue developing the fundamental techniques
- + To apply the techniques in the goal and specific game situations effectively
- + To develop a game understanding of the role of a Goalkeeper

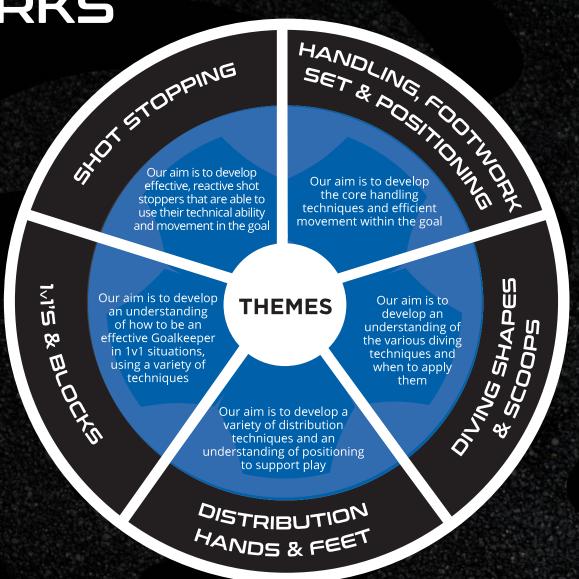
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HOW IT WORKS

Our Goalkeeping Academy syllabus is designed to challenge our Goalkeepers technically, physically and psychologically. Each session will focus on a theme, as outlined in the diagram. Within the session, we will develop the fundamental techniques and introduce these into specific game situations.





WHEN & WHERE

Monday

(\) 5 - 6pm

3G Astroturf
Shooters Football
North Weald Bassett
CM16 6AR

September 2023	£61.75	February 2024	£61.75
October 2023	£77.13	March 2024	£61.75
November 2023	£61.75	April 2024	£77.13
December 2023	£46.36	May 2024	£61.75
January 2024	£61.75	June 2024	£61.75

Please note:

All players are expected to attend during school holiday breaks unless they are away on holiday.



REGISTRATION

Parents/guardians will need to complete a registration/medical form and return to IDA. At IDA we use SPOND to communicate with all parents/guardians, as well as collecting payments. Parents/guardians are required to download the app and create a free account using the email provided on the IDA registration form.

PAYMENTS

Fees are charged per month at £15 per session, these will vary depending on the number of sessions in a month. The monthly fees must be paid prior to commencement date via the SPOND app. Please note that fees are non-refundable. For any payment concerns, please contact us directly.

KIT

At Academy level, it is compulsory for our members to attend training sessions wearing the IDA training kit and black football boots.

Please visit **www.theidacademy.co.uk** to purchase the kit.



PLAYER RULES

Before training:

- Wear the correct training kit
- Wear black football boots/astros (if possible)
- Clean your football boots/astros and GK gloves
- Training shirt tucked in and socks pulled up
- You must bring a drink (water)

At training:

- Join in the arrival activity (rondos/football tennis etc.)
- Do not kick footballs around or into the goals unless asked to by a coach
- Listen and pay attention when the coach is talking

After training:

- You must help pack away all the equipment
- Don't forget your belongings
- Put rubbish in the bin
- Shake hands with your coach

Please note:

Failure to follow the rules will result in being asked to leave the training session.

PARENT RULES

At training:

- To stand in the designated area when watching
- To follow the venues rules (e.g. no smoking etc.)
- No shouting or coaching from the side
- If you have questions, please ask the coaches at the end of the session, or contact them via email (info@theidacademy.co.uk)

Payments:

- Payments must be made via SPOND
- Training fees are to be paid regardless of attendance
- A minimum of 1 week's notice must be given if membership is cancelled
- If there are any issues with payments, please inform IDA immediately
- Failure to make payments will lead to your child being asked to leave IDA

Please note:

If any of these rules and expectations are not followed by the parents/spectators, your child will risk losing their place in ID Academy.





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