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#IDACADEMY

HOW WE OPERATE?

GIRLS FOOTBALL ACADEMY



Open
access



Ages
5-16



Girls
only

The Footballing syllabus is designed to engage our players, develop basic and complex topics, and link our groups together, allowing a pathway for players to learn and progress through. We aim to engage our members by using the world's star players as inspiration. The sessions give our members the opportunity to analyse some of their favourite players' key strengths and try to replicate them. With a large focus on ball mastery, aiming to create a highly skilled, technical individual

To introduce the fundamental techniques of football; Dribbling, touch direction, 1v1s, passing etc.

To learn how to apply the techniques in the drills and game realistic scenarios

To develop confidence in each individual's ability and bring out their personality

To grow a love and enjoyment for playing the beautiful game

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HOW IT WORKS

Our syllabus is designed to challenge our footballers as individuals in isolated technical practices and in themed games:

Individuality

Focus on developing individual ability within the theme.

Themed Games

Small sided themed games to encourage the weekly topic.


Creativity


Aiming to build players that are confident and exciting on the ball in different scenarios



WHEN & WHERE

 **Fridays**

 **6-7pm**

 **3G AstroTurf**
Shooters Football Ltd
North Weald Bassett
CM16 6AR

September 2023	£33.03	February 2024	£33.03
October 2023	£33.03	March 2024	£41.24
November 2023	£33.03	April 2024	£33.03
December 2023	£24.38	May 2024	£41.24
January 2024	£24.38	June 2024	£33.03

Please note:

All players are expected to attend during school holiday breaks unless they are away on holiday.



REGISTRATION

Parents/guardians will need to complete a registration/medical form and return to IDA. At IDA we use **SPOND** to communicate with all parents/guardians, as well as collecting payments. Parents/guardians are required to download the app and create a free account using the email provided on the IDA registration form.

PAYMENTS

Fees are charged per month at **£8** per session, these will vary depending on the number of sessions in a month. The monthly fees must be paid prior to commencement date via the SPOND app. Please note that fees are non-refundable. For any payment concerns, please contact us directly.

KIT

At academy level, it is compulsory for our members to attend training sessions wearing the IDA training kit and black football boots are advised. We would love to see as many players in kit.



PLAYER RULES

Before training:

- Wear the correct training kit
- Arrive on time - at least 5 minutes before the session starts
- Clean your football boots/astros
- Training shirt tucked in and socks pulled up
- You must bring a drink (water)

At training:

- Join in the arrival activity (rondos/football tennis etc.)
- Do not kick footballs around or into the goals unless asked to by a coach
- Listen and pay attention when the coach is talking

After training:

- You must help pack away all the equipment
- Don't forget your belongings
- Put rubbish in the bin
- Shake hands with your coach at the end

Please note:

Failure to follow the rules will result in being asked to leave the training session.

PARENT RULES

At training:

- To stand in the designated area when watching
- To follow the venues rules (e.g. no smoking etc.)
- No shouting or coaching from the side
- If you have questions, please ask the coaches at the end of the session, or contact them via SPOND.

Payments:

- Payments must be made via SPOND
- Training fees are to be paid regardless of attendance
- A minimum of 2 week's notice must be given if membership is cancelled. Failure to notify IDA will result in payment still being charged.
- If there are any issues with payments, please inform IDA immediately
- Failure to make payments will lead to your child being asked to leave IDA



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